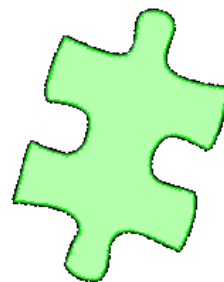


1 Day Autism Awareness

FREE Training for Parent/Carers, Disabled Self advocates
and social care staff across Cheshire Wirral Merseyside



The training session to equip families, carers and staff with the knowledge and skills to understand autism. Learning methods include the use of case material, including audio/video material and observing role plays, lecture presentations and small group exercises/ discussion

Msitua – Autism Consultancy help raise awareness to autism Asperger Syndrome and sensory issues. Lack of knowledge and awareness often places obstacles to the provision of appropriate/effective support.

At **Msitua – Autism Consultancy** we feel knowledgeable staff help create the ideal environment, in doing so it is a positive step in achieving positive outcomes for all concerned.

Delegates will be taken through the importance of working within the law and the correct use of policies. It will help give the delegates the skills to assist individuals living with autism whilst at the same time maintaining positive relationships with service users and preserving the client's dignity. The content will demonstrate the principles and benefits of working in a non-aversive framework. The material will provide delegates with diffusion and distraction skills with the aim of reducing the need for physical intervention. They will gain a better understanding and perspective and will change strategies accordingly.

This course will demonstrate to delegates the importance of how their own behaviours can affect others with autism. It will include:

- History of autism
- Quiz - myths and facts
- ASD and related conditions
- What is autism, prevalence and Triad of Impairments?
- Communication
- Behaviours that may Challenge
- Anxiety
- Diagnostic criteria
- Depression
- Autistic viewpoint on obtaining the correct diagnostic label
- How to produce "autism friendly" documents.

Learning Objectives:

At the end of the course delegates:

- Will gain a better understanding of autism and related conditions.
- Be more able to recognise and understand the early signs of anxiety and behaviour of the individual living with autism.
- Have a better understanding of the Triad of Impairment.
- Understand and identify the importance of effective communication strategies and to help diffuse conflict.
- Be better able to implement coping strategies when confronted with a distressed person living with autism.
- Realise through continued development the importance of practising skills to help alleviate the difficulties experienced by individuals living with autism.
- Understand how to write and develop 'autism friendly' documents.
- Provide staff with skills to better understand the perspectives of the individual living with autism.

Expected Outcomes in Practice:

- Increased awareness & confidence to support those on the Autistic Spectrum
- Supporting an 'autism friendly' environment
- Service Users needs met more effectively due to better communication

To book a place please email: merseysidepip@yahoo.com

Merseyside
Joint
Training
Partnership



Training coordinated by:
Merseyside Joint Training Partnership

Monday 22nd July 2019 @ EPSY Street Community Centre
Monday 29th July 2019 @ Prescott Town Council
Friday 20th September 2019 @ The Brain Charity
Monday 30th September 2019 @ Quaker House
All 9.00am registration till 4.00pm