

# 2 Day Advanced Autism Awareness

**FREE** Training for Parent/Carers, Disabled Self advocates and social care staff across Cheshire Wirral Merseyside



The training session to equip families, carers and staff with the knowledge and skills to understand autism. Learning methods include the use of case material, including audio/video material and observing role plays, lecture presentations and small group exercises/ discussion

Advanced Autism Awareness for Practitioners and Carers - Autism is a spectrum condition, which means that, while all people with autism share certain difficulties, their condition will affect them in different ways. Asperger syndrome is a form of autism. This two-day workshop covers the Intermediate skills and knowledge required by practitioners and carers who have frequent or intensive contact with people with autism or those who spend little time but have high impact on outcomes for people with autism such as a proportion of staff in all teams and services.

Staff and Carers working with adults with learning disabilities and/or Autistic Spectrum Condition should attend this training which should enable them to:

- Identify the range of behaviours that indicate the individuals they support fit the criteria for 'Autistic Spectrum Condition' (ASC)
- Begin to describe the world from the person with ASC's point of view and how that creates the difference in how they respond to the world
- Explain the general principles about effective strategies - communication, environments, activity and teaching that reduce stress on the people they support and gives them opportunities to develop as individuals

#### **Expected Outcomes in Practice:**

- Increased awareness & confidence to support those on the Autistic Spectrum
- Supporting an 'autism friendly' environment
- SU needs met more effectively due to better communication

#### **Learning Objectives:**

By the end of the course delegates will:

- Understand and identify the importance of effective communication strategies and to help diffuse conflict.
- Recognise and understand more the early signs of anxiety, behavior of the individual with autism.
- Recognise the early signs of other potential long term conditions such as Dementia which may require further investigation, and understand how the Dementia might impact upon Autistic Spectrum Disorders, and vice versa.
- Understand, describe and identify how the environment may impact on the individual through behavioral responses.
- Identify and help implement coping strategies when confronted with a distressed person with autism and behaviors that may challenge.
- Realise through continued development the importance of practicing skills to help alleviate the difficulties experienced by individuals with autism.
- Understand how being literal may sometimes affect behavior.
- Appreciate difficulties experienced by individuals with autism and facial recognition difficulties.
- Understand how to write and develop autism friendly documents.
- Be provided with skills to better understand the perspectives of the individual with autism.
- Have explored the term "behaviors that challenge"
- Be provided with skills to better understand the perspectives of the individual with autism.
- Have an insight into synesthesia
- Understand the types of behavior experienced by people with autism, rituals, obsessions.

Tuesday 15<sup>th</sup> & Wednesday 16<sup>th</sup> October 2019

9.00am registration till 4.00pm

*Essential 2 day attendance*

**@ QUAKER House Liverpool**

Merseyside  
Joint  
Training  
Partnership



Training coordinated by:  
Merseyside Joint Training Partnership

**To book a place please email:  
[merseysidepip@yahoo.com](mailto:merseysidepip@yahoo.com)**