<https://warrington.foodbank.org.uk/get-help/how-to-get-help/>

How to get help

If you need help from our foodbank there are a few simple steps to follow.

The most important step is to get a foodbank voucher.

In order to provide the most appropriate help for the circumstances of your situation we work with local agencies. If they feel you are struggling to put food on the table, they will issue you with a foodbank voucher. The local agency can also provide long term support if needed to help address some of the issues behind the reasons for your crisis. Agencies we work with include: Citizens Advice, housing support officers, children’s centres, health visitors, social services and some local charities.

1. Get in touch with us.

If you [call or email](https://warrington.foodbank.org.uk/contact-us/) our foodbank we can talk through your situation and put you in touch with a relevant local agency.

2. Arrange a visit to the referral agency.

They will discuss your situation and supply you with a [foodbank voucher](https://warrington.foodbank.org.uk/foodbank-vouchers/) where appropriate.

3. Bring your foodbank voucher to your nearest foodbank centre.

You can find a list of our local centres and opening times [here](https://warrington.foodbank.org.uk/locations/). When you arrive, we’ll welcome you with a warm drink and our trained volunteers will chat with you about your situation. We’ll also discuss any dietary needs you may have and exchange your foodbank voucher for a [parcel](https://warrington.foodbank.org.uk/whats-in-a-food-parcel/) of three days of emergency food. We’ll also help to support you in any other ways that we can. Most of our foodbank centres offer a cafe style environment and our aim is to provide non-judgemental support at the point of crisis.

**Warrington Foodbank**

2 Tanning Court (behind DFS, Riverside Retail)
Warrington
WA1 2HF

07583 080521

**Emmaus Church**

Capesthorne Road,

Orford,

WA2 9AP

07583 080521

**Quench Café,**

50 Lodge Drive,

Culcheth

WA3 4ER

07583 080521

**Hood Manor Methodist Church**

Raikes Close (off Dorchester Road),

Great Sankey

WA5 9PY

07583 080521

**Fearnhead Cross Community & Youth Centre**

Insall Road

Fearnhead

Warrington

WA2 0HD

07583 080521

**Birchwood Community Centre**

Delenty Drive (Opposite Police Station)

Birchwood

Warrington

WA3 6AN

07583 080521

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